

Your People Aren't Burned Out. They're Numb.

Chris Yadon spent 25 years numbing and 26 years learning to feel again. Now he helps leaders, teams, and communities **break free from disconnection and start showing up**—at work, at home, and with each other.

When you book Chris, your audience gets someone who's spent his career helping thousands find their way back to connection, purpose, and hope. As Founding Executive Director and now Strategic Advisor of Saprea, he has worked at the high-stakes intersection of emotional health and human suffering, and brings that depth and experience to your audience.

SIGNATURE TALKS INCLUDE:

Numb: Feeling Again in a Disconnected World

Chris explores how emotional numbing drives disconnection and loneliness, and gives audiences the hope and tools to feel again.

Numb at Work: Why Your People Are Disengaging and What You Can Do About It

Chris explores how emotional numbing drives disengagement at work and gives leaders the confidence and tools to turn it around.

Beyond Resilience: Helping Children Work Through Hard Things and Come Out Stronger

Chris challenges the “kids are resilient” narrative and shows caring adults how to help children work through life's hardest moments and come out stronger.

“Few speakers combine **authenticity, wisdom, and heartfelt connection** like Chris Yadon. He engages audiences with compelling stories and equips them with **practical tools for transformation.**”

—TORI POULTER CEO SHALA



Ready to bring this message to your audience?

To book Chris for your next event, please **scan the QR Code** or visit saprea.org/chris-yadon-professional-speaker/.