

# Where Emotional Connection Meets High Performance

Chris Yadon helps leaders, teams, and communities **break free** from **disconnection** and **emotional numbing** to rediscover the path to wellness, performance, and real results.

As Managing Director of Saprea, a global nonprofit dedicated to healing and preventing child sexual abuse, Chris has helped tens of thousands confront pain with *clarity, courage, and compassion*—from professionals seeking deeper connection to survivors reclaiming their sense of self.

## SIGNATURE TALKS INCLUDE:

### Numb:

#### **Learning How to Feel in a Disconnected World**

Chris Yadon reveals how emotional numbing fuels loneliness—and how authentic connection restores wellness, purpose, and performance.

### Numb at Work:

#### **How Emotional Connection Drives Performance**

Chris Yadon shows how numbing drives disengagement and how leaders can build passionate, high-performing teams through authentic connection.

### Beyond Resilience:

#### **Helping Children Regulate Emotions When Life Gets Difficult**

Chris Yadon challenges the “kids are resilient” myth and shows how co-regulation fosters lasting resilience and emotional health.

“Few speakers combine **authenticity, wisdom, and heartfelt connection** like Chris Yadon. He engages audiences with compelling stories and equips them with **practical tools for transformation**.”

—TORI POULTER CEO SHALA



**Chris delivers keynotes that inspire and create lasting change.**

To book Chris for your next event, please **scan the QR Code** or visit [saprea.org/chris-yadon-professional-speaker/](http://saprea.org/chris-yadon-professional-speaker/).